

# Orgasmic Birth

The Best-Kept Secret



*A documentary that examines the intimate nature of birth and the powerful role it plays in women's lives when they are permitted to experience it fully*

## ***Joyous, sensuous and revolutionary,***

*Orgasmic Birth* brings the ultimate challenge to our cultural myths by inviting viewers to see the emotional, spiritual, and physical heights attainable through birth. By witnessing the intimate experiences of 11 women, birth is revealed as an integral part of women's sexuality and a neglected human right. Director Debra Pascali-Bonaro shares what she calls "the best-kept secret" as we witness women in the ecstatic release of childbirth.

The evocative score for the 85-minute film was created by John McDowell, composer of the score for the Oscar-winning documentary *Born Into Brothels*, with additional composition by Sabina Sciubba of the group *Brazilian Girls*. *Orgasmic Birth* is subtitled in French, Spanish, German, Portuguese, Czech, Polish, and Greek with other language translations in progress. To date, *Orgasmic Birth* has been featured on ABC-TV's "20/20" and Great Britain's GMTV "Breakfast Show." The San Francisco Examiner, Guardian Newspaper, UK Times, Irish Independent, Denmark's Morgenavisen Jyllands-Posten, Toronto Star, and Brazil's Superinteressante are among the global publications that have reported on the film in recent months; a feature for the Washington Post is in the works. Those who have never seen the film offer strong responses as to the possibility of pleasure and empowerment during birth, fostering on-going discussions and publicity worldwide. *Orgasmic Birth* is featured on blogs around the world including the prominent Huffington Post, Foxnews.com, and the New York Times where the film was the topic of Lisa Belkin's Motherlode blog for two consecutive days.

The film has attained tremendous media coverage and has had an international impact on the festival circuit to date, screening at the prestigious European Independent Film Festival in France; Rio de Janeiro International Film Festival; The Baltimore Women's Film Festival; Usti Film Festival (Czech Republic); and the Festival Caminhos (Portugal). *Orgasmic Birth* was awarded the Audience Choice Award at the 2008 MotherBaby International Film Festival in Bermuda and has been screened in over 27 countries on six continents.

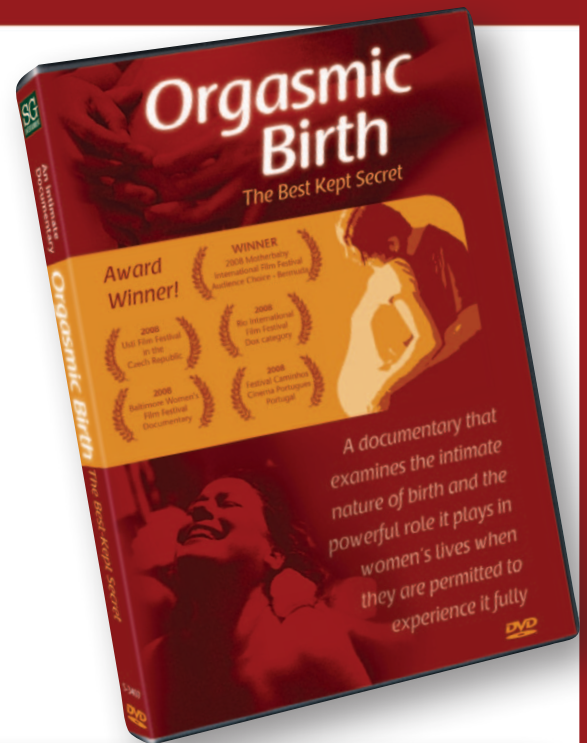


Photo courtesy of Judith Halek ©2008  
[www.birthbalance.com](http://www.birthbalance.com)

***"Watch this film and get in on the world's best-kept secret; labor and birth can be pleasurable – even ecstatic. Better yet, pleasurable birth enhances the health of both mother and baby and creates a positive foundation for a lifetime."***

**Christiane Northup, MD, FACOG**  
Author, *Women's Bodies, Women's Wisdom*  
and *Mother-Daughter Wisdom*